

Agenda Item #

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DISTRIBUTION

County Board

National Center on Addiction
and Substance Abuse at
Columbia University

STATE OF ILLINOIS)

) SS

COUNTY OF LAKE)

COUNTY BOARD, LAKE COUNTY, ILLINOIS

REGULAR SEPTEMBER, A.D., 2005 SESSION

SEPTEMBER 13, A.D., 2005

TO THE MEMBERS OF THE COUNTY BOARD:

Your Chairman presents herewith a Resolution proclaiming Monday,
September 26, 2005 as *Family Day - A Day to Eat Dinner With Your Children*,
and requests its adoption.

Respectfully submitted,



Suzi Schmidt, Chairman
Lake County Board

P R O C L A M A T I O N

WHEREAS, the use of illegal drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children; and

WHEREAS, surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs; and

WHEREAS, teenagers who virtually never eat dinner with their families are 72 percent more likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS, teenagers who almost always eat dinner with their families are 31 percent less likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS, the correlation between family dinners and reduced risk for teen substance abuse are well documented; and

WHEREAS, parental influence is known to be one of the most crucial factors in determining the likelihood of substance abuse by teenagers; and

WHEREAS, family dinners have long constituted a substantial pillar of family life in America.

NOW, THEREFORE, BE IT RESOLVED, by this County Board of Lake County, Illinois, that we do hereby proclaim Monday, September 26, 2005 as *Family Day - A Day to Eat Dinner With Your Children*, and urge all citizens to recognize and participate in its observance.

DATED, at Waukegan, Lake County, Illinois on this 13th day of September, A.D., 2005.